



THE HOTEL ALYESKA
ALYESKA RESORT + ALASKA

WINTER ACTIVITIES GUIDE 2011/12

Questions or Reservations:

please contact the Concierge Desk at 907-754 -2108
or guestservices@alyeskaresort.com

*Visit us in person on the first floor
adjacent to the Hotel Front Desk.*



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EVENTS AND ACTIVITIES

Nov 2	Snow Film Series: Loyalty and Solitaire
Nov 16	Snow Film Series: Breaking Trail and After Dark
Nov 19	Snow Film Series: Attack of La Nina
Nov 23	Opening Day for Ski Operations
Nov 24	Thanksgiving Dinner in the Pond Café and Seven Glaciers
Nov 30	Snow Film Series: TB20 and Absinthe
Dec 1	Snow Film Series: Like There's No Tomorrow
Dec 5	Military Monday
Dec 14	Snow Film Series: One for the Road
Dec 17-23	Holiday Night Skiing
Dec 25-30	Holiday Night Skiing continues
Dec 22	Santa Visits Alyeska
Dec 23	Santa Ski Free
Dec 28-30	2011 Coca-Cola Classic Alpine Ski Race Series
Dec 31	Torchlight Parade and Fireworks, NYE at Sitzmark Bar & Grill
Jan 1	New Years Buffet in the Pond Café
Jan 3	Military Monday
Jan 4	Snow Film Series: Snow Machine Nite
Jan 18	Telluride Mountain Film
Jan 29	Seven Glaciers Wine Dinner: Merryvale
Jan 31	Alyeska Cup State Alpine Championships
Feb 1-5	Alyeska Cup State Alpine Championships
Feb 5	Superbowl 2-for-1 lift tickets
Feb 6	Military Monday
Feb 10-12	Frostbite Festival
Feb 26	Seven Glaciers Wine Dinner: Caymus
Feb 29	Snow Film Series: The Grand Bizarre and Ordinary Skier
Mar 4	Big Alaska Slope Style
Mar 5	Military Monday
Mar 25	Seven Glaciers Wine Dinner: Duckhorn
Apr 8	Easter Sunrise Service, Egg Hunt and Easter Brunch in Pond Café
Apr 20-22	Spring Carnival & Taco Bell Slush Cup
Apr 20	Seven Glaciers Wine Dinner: Grgich Hills Estate
Apr 27-29	End of Season Reggae Party

More event info at www.AlyeskaResort.com or call the Concierge Desk at 907-754-2108



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SKIING AND SNOWBOARDING

Alyeska offers a mountain experience for all levels of skiers and riders. Intermediate and advanced skiers will love the wide open bowls and long top to bottom runs while tree-lined groomed runs are ideal for the beginner. Experts love the North Face, North America's longest continuous double black diamond run. Freestylers can check out the features of our terrain park or hit the Alyeska Pipeline Super Pipe.

All Day Lift Ticket Rates 2011-2012

Adult	\$60
High School	\$45
Military	\$45
Senior 60-69	\$45
Child 6-12	\$25
Senior 70-over	\$10
Lower Mt. only	\$25
Magic Carpets only	\$10

For more options, please see
www.alyeskaresort.com or call (907) 754-2275



Mountain Learning Center

The Alyeska MLC offers private and group lessons for all ages and abilities. With a certified team of professional instructors the MLC provides comprehensive programs designed to help give skiers and snowboarders the most out of their on-hill experience. Offering private lessons, group lessons, specialty camps, adult and children programs, the MLC has a lot to offer new skiers and riders, as well as advanced skiers and riders who want to hone in on their skills. We have many different kinds of packages available. For a list of options, please see www.alyeskaresort.com or call the Ski School Desk at (907) 754-2280.

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CROSS-COUNTRY SKIING AND SNOW SHOEING

Glacier Valley Trekker

Travel through snowy meadows and silent rainforest of Girdwood's Glacier Valley. Local trails vary from virgin powder to single track and wide open groomers. Ski Trekking is a stable and simple combination of cross country skiing and snow shoeing. Backcountry boots and trekking skis, cross country skis or snow shoes are provided depending on conditions and requests. Professional guides offer instruction and naturalist interpretation along the way. Tour time is 2 hours.

Departs: Daily at 10:00am and 1:00pm

Rates: \$79 per adult / \$59 per child 8-12

Sea Side Trekker

Snowshoe or ski trek along a fjord in spectacular Prince William Sound. Our step-off point is the town of Whittier, which we access by van through Portage Valley. Dramatic vistas appear in every direction as we traverse a variety of terrain from mellow trails to steep hills with amazing views. Along the way, visit the Alaska Wildlife Conservation Center to meet bears, moose, musk oxen, caribou, bison and more. Tour time is 6 hours.

Departs: 10:00am

Rate: \$169 per adult / \$149 per child 8-12



Concierge Tip!

Self-guided cross country ski or snow shoe trips can be done by renting equipment in the hotel rental shop on the second floor. Packages are \$15 per day.

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CROSS-COUNTRY SKIING AND SNOW SHOEING

Gold Mine Snowshoe Tour

Strap on snow shoes and travel back in time at the historic Crow Creek Gold Mine. Enjoy a scenic hike past historic buildings over 100 years old. We will pan for gold at Crow Creek, and chances are you may come home with some. Crow Creek Gold Mine is surrounded by woods and you will enjoy the history, nature and the quiet sound of the creek on this tour. Professional guides offer instruction and naturalist interpretation along the way. Tour time is 3 hours.

Departs: Daily at 9:00am and 1:00pm

Rates: \$199 per adult / \$99 per child 5-12

Portage Glacier Trekker

Cross-country ski to the blue ice face of Portage Glacier. Towering walls of ice and dramatic views of mountains and glaciers await you on this guided trek through the Portage Valley and the Chugach National Forest. Tour time is 4 hours.

Departs: 9:00am and 1:00pm

Rate: \$139 per adult / \$119 per child 8-12



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DOG SLEDDING



Chugach Express Dog Sled Tours

Experience one of the most unique forms of travel in the North Country: Dog Sledding! Learn about the history of dog sledding in Alaska and hear stories from the Iditarod Trail. Accompanied by your guide and his team of huskies, take to the trail and visit the kennel of a professional dog musher. Tour time is about 1 hr and the meeting location is Moose Meadows, about .5 mile from the Hotel Alyeska.

Departs: daily, please see Concierge for tour times
Rates: \$169 per adult / \$129 per child 12 and under

Exit Glacier Dog Sled Tour with Lunch

This 3.5 hr dog sled adventure begins in Seward, about 90 miles from the Hotel Alyeska. Learn to dog sled on your way down the Resurrection River Valley right to Exit Glacier. The trail is wide and easy to maneuver. At Exit Glacier, stop for a trail side lunch and hot cocoa. Make sure to bring your camera, as the scenery is incredible! Lunch, drinks and all equipment is included. This tour is recommended for ages 6 and up.

Departs: 1:00pm from Seward
Rates: \$256.50 per adult/ \$205.00 per child 12 and under

Concierge Tip!

Suggested Pack List for your Alaskan Outdoor Adventure

- Bring layers, fleece under Gore-Tex is ideal
- Hand and boot warmers
- Warm hat, gloves, neck gator or scarf
- Camera and extra batteries
- Snow boots
- Warm socks
- Water proof shell
- Long johns



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SNOWMOBILING

“The Real Deal” Blue Ice Snowmobile Tour

The glacier fed valleys of the Chugach Mountains offer breathtaking views of icebergs, towering blue glaciers, and unbelievable ice caves, and there is no better way to access this terrain than by snowmobile! All tours include: your own snowmobile, experienced guide, warm outer gear, heated handle bars, snacks, hot beverages and complimentary pick up from the Hotel Alyeska. No experience required, an adventuresome spirit is a plus! 5.5 hrs (3.5 hrs actual riding time)

Departs: daily Dec-Jan 9:45am
daily Feb– April 8:45am and 12:45pm
Rates: \$250 per adult/ \$125 per child 8-15

The Gold Mine Tour

We offer this tour when the Blue Ice Tour is not available, usually in November and April. The scenery is breathtaking with 7,000 foot peaks all around. Miles of groomed trails are all privately owned and are waiting to be explored by snowmobile. This tour includes a traditional BBQ lunch around a cozy campfire. All tours include; your own snowmobile, experienced guide, warm outer gear, heated handle bars, snacks and hot beverages, and complimentary pick up from the Hotel Alyeska. No experience required. 3.5 hrs (2 hrs actual riding time)

Departs: 9:45am when available
Rates: \$200 per adult/ \$125 per child



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SNOWMOBILING

Alaska Snowmobile Tour

Experience the backcountry of Alaska at the controls of your own snowmobile. Traverse snow-covered meadows and winding trails in the midst of towering mountains. Your guides will show you the way by teaching skills and will introduce you to Alaska's winter wonderland. Tour is 4-5 hours.

Departs: daily Dec-Jan 9:45am
daily Feb– April 8:45am and 12:45pm

Rates: \$219 per adult/ \$149 per child 8-15

The Glacier Snowmobile Tour

Glaciers have shaped Alaska's stunning terrain from their ancient beginnings to their dramatic blue faces. Journey into the glacial valleys to experience their frozen beauty while riding your own snowmobile. Our experienced guides make the difference as we weave our way past snow covered mountains and frozen rivers to our ultimate glacial destination. Tour includes warm riding gear, snack , transportation and Snowmobile rental. Tour is 5-6 hours.

Departs: 10:00am and 2:00pm
Rates: \$239per adult/ \$169 per child
(No tours March 5-8)



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FLIGHT SEEING

Helicopter Glacier Tour - 30 minutes

Enjoy superb views of glaciers and mountain peaks. Glide over the treetops along river valleys and into the heart of glacier country. Abundant wildlife can be spotted. See the magnificent Chugach Mountains and glaciers with a bird's eye view of our beautiful state. Complimentary hotel pick up available.

Departs: 9:30am, 11:00am, 12:30pm, 2:00pm and 3:30pm

Rate: \$225 per person

Helicopter Glacier Landing - 60 minutes

Extend your flight into North America's most heavily glaciated mountain range. Land on the ancient ice to discover a surreal glacier wilderness that leaves a life long impression. Get away from the sounds of civilization, and perhaps hear the thunder of the ice as it calves. With the engine turned off, take an unforgettable stroll on a ten thousand year old glacier. Complimentary hotel pick up available.

Departs: 9:30am, 11:00am, 12:30pm, 2:00pm and 3:30pm

Rate: \$335 per person

Prince William Sound Tour - 90 minutes

This 1.5 hr tour is similar to our 1 hr Glacier Landing, with an added journey over Prince William Sound. Viewing tidal glaciers is impressive. These curtains of ice lose huge slabs into the ocean, and give the surfing seals a wave to ride! Complimentary hotel pick up available.

Departs: 9:30am, 11:00am, 12:30pm, 2:00pm and 3:30pm

Rate: \$445 per person



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BACKCOUNTRY SKIING AND RIDING



Snow Cat Skiing and Riding

Enjoy the comfort of a heated snow cat as it transports you to CPG's exclusive snow cat area for a full day of backcountry skiing/ riding. Soup, sandwiches, dessert and beverages are provided.

You will get about 5-8 runs in, depending on length of runs, daylight hours and weather conditions.

Snow cat skiing/ riding is available mid-December – April. Advanced reservations can be made for Saturdays and Sundays, or weekdays before February 12. Stand-by reservations can be made for Mondays-Fridays once heli skiing begins.

Departs: 9:30am

Rates: \$350 per person reserved
\$285 per person stand- by

Heli Skiing and Riding

Join CPG for a helicopter adventure in the world famous Chugach Mountains. Their exclusive-use permit covers miles of terrain with gentle bowls, giant mountain faces, massive glaciers and sheltered tree skiing. At CPG the goal is to make your day of backcountry exciting, safe and memorable.

Soup, sandwiches, dessert and beverages are provided. Day clients are guaranteed 16,000 –20,000 vertical feet, and if exceeded, clients will be charged \$40 per each additional 1,000 vertical feet.

Heli skiing is available February 11-April 17. Reservations can be made in advance for day trips on Saturdays and Sundays. Reservations must be made inside 30 days for day trips Mondays-Fridays.

Departs: 7:30am

Rates: \$1,125 per person



Questions or reservations, please contact the Concierge Desk at 907-754 –2108 or guestservices@alyskaresort.com



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THE SPA AT ALYESKA

Yoga Sessions

Thursdays - 6 pm

Sundays - 9:30 am

In the Harding Room at The Hotel Alyeska (3rd floor)

Alyeska is hosting a series of 75 minute Vinyasa flow yoga sessions. Vinyasa flow links breath and movement, strengthening and opening the body while calming the mind. Expect the unexpected in this fun and creative practice! Explore the breadth of poses and sequencing that are part of this broad and diverse style of yoga, including twists, inversions, arm balances and restorative poses. Sometimes poses are held and sometimes the flow is more like a dance. Music and poetry are used to deepen the experience.

Expect a sweaty, challenging practice that is suitable for both total beginners and experienced practitioners. Bring a yoga mat, hand towel and water bottle to class. Refrain from eating anything more than a light snack two hours prior to practice and wear clothing that is comfortable and stretchy. Please arrive ten minutes early for class to set up and to make the instructor aware of any injuries or conditions you may be working with.

Class Rates

Yoga Session Only: \$15 per session | \$120 10x punch pass

Call 907-754-2550 to reserve your space in advance
or stop by the Concierge Desk prior to each session.





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THE SPA AT ALYESKA

The Spa at Alyeska is a great place to start, end or spend your entire stay! Whether you are looking to relax and unwind after a day's adventure in the snow, enjoy a spa date with a friend or loved one, or simply just want to pamper yourself, the Spa at Alyeska has luxurious treatments to offer. The Spa at Alyeska offers an extensive variety of specialty and custom facials, massage, body treatments and nail care.

For a full spa menu, please see www.alyeskaresort.com

Facials
Massage
Vichy
Body Treatments
Salon Services
Private Parties

The Spa at Alyeska
Winter Hours 8am-8pm
2nd floor Alyeska Resort
Reservations and questions please call
(907) 754- 2550

THE
Spa
AT ALYESKA

