



MOUNTAIN SPORTS SCHOOL ABILITY LEVEL GUIDE



LEVEL 1 | NEVER SKIED/SNOWBOARDED

This is your first time skiing/snowboarding, or you have tried before but want to start from the VERY beginning.

Goals: Getting to know the equipment, learning to come to a controlled stop, taking your first turns.



LEVEL 2 | BEGINNER | LEARNING TO LINK TURNS

Maybe your 2nd or 3rd day and you are most comfortable learning on the magic carpet. Still learning to turn.

Goals: Building confidence on magic carpet terrain, learning to link turns, preparing to ride the chairlift.



LEVEL 3 | NOVICE | COMFORTABLE ON EASY GREEN TERRAIN

You can load a lift and descend a green run. You can make controlled turns and controlled stops on green runs.

Goals: Controlling speed through turn shape, building confidence with more speed on slightly steeper terrain.



LEVEL 4 | INTERMEDIATE | GAINING CONFIDENCE ON THE STEEPS

You are confident on green runs and are looking to explore efficient movements and steeper terrain.

Goals: Develop skills to ride any groomed run and to build more efficient movements.



LEVEL 5 | ADVANCED | CONQUERING THE MOUNTAIN!

You can ride all blue runs and have some success on black terrain. You may have started to explore off-piste (off of the groomed trails).

Goals: Develop skills needed to ski all groomed terrain and some off-piste.